

Online Lenten Retreat

Loyola Press invites you to join an online Lenten retreat called An Ignatian Prayer Adventure. This is an adapted version of the Spiritual Exercises based on the longer retreat in *[The Ignatian Adventure](#)* by Kevin O'Brien, SJ.

The retreat begins the week of Ash Wednesday and continues through Holy Week and the first week of Easter. We hope that this retreat will provide you with an opportunity for spiritual renewal as you participate in the reflections and exercises.



Use as much or as little of the material as helps you in your personal Ignatian adventure.

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